

Join our new

Memory Café

Every 2nd Wednesday of the month

10:30 – 12:30

Starting 12th July 2023 at Evernden House

Evernden House, Rope Walk, CRANBROOK, TN17 3ET

run by Age UK Tunbridge Wells



This activity is offered as part of the 'Dementia & Me' program. Dementia & Me is a service to help enrich the lives of people living with Dementia.

Our Memory cafes in and around Tunbridge Wells offer a calm and safe environment to meet others living with memory loss, or other caregivers. With opportunity to share experiences and get information and advice as well as help to get you out of the house and socialise. Join us for tea, coffee, cake and a range of stimulating activities.

For more details about our Cranbrook memory café, or our other activities and services across the borough please contact us on **01892522591** or email **info@ageuktw.org.uk**

Please note: if you need personal or physical support please come with a carer or family member.

We would love to hear your feedback and ideas on what you would like to do at the Memory Cafes. We will do our best to accommodate activities based on individuals interests and hobbies where possible!

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Email back to us at sophie.pritchard@ageuktw.org.uk or pop into our comments box at Evernden house.