## Promoting health and wellbeing to build a stronger community







## Saturday 16th March 2024 Vestry Hall, Cranbrook

## Are you able to offer a raffle prize or donation?

If you are a business or individual who would like to give your support to this event, either by offering a raffle prize or donating, we would be extremely grateful.

Wellbeing in the Weald is a local Cranbrook charity. It promotes health and wellbeing in the community by providing activities and events that support people who are finding life difficult, whether through loss, loneliness, depression, or other unforeseen circumstances.

Every penny raised goes towards supporting those in Cranbrook and the surrounding villages.

If you can help, please contact Laura on 07774 294309
wellbeing@wellbeingintheweald.co.uk
(or you can leave your contribution at Orchard End Surgery Reception)

Thank you!

